



Functional Training for Older Adults: An Evidence-Based Approach

Description coming soon!

Objectives

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About Dan Ritchie



Dan Ritchie has a broad background in the fitness industry including training and management in commercial, for-profit, not for-profit and educational facilities. Expertise in personal training for special populations: athletes, stroke recovery, Parkinson's, multiple sclerosis, cerebral palsy, Fibromyalgia, Alzheimer's, etc. He has also worked on state funded research on exercise for severe dementia Alzheimer's type. He regularly presents at national and regional conferences and has been active on committees for the American College of Sports Medicine.

